

THE GOOD SPORT

Tap-room for Grasmere Brewery

Proud to serve traditional Cumbrian Herdwick lamb from Will Benson's Town Head farm in Grasmere.

Allergen info on grasmerepub.com/menus

TOASTIES

Cheddar cheese & red onion toastie & salad - £5.95

Ham & cheese toastie & salad - £6.95

STARTERS & BEER TAPAS

Homemade soup & a warm ciabatta roll - £5.85 (GF & vegan; please ask for GF bread)

King prawn & spicy tomato salsa bruschetta - £7.95

Calamari rings - £6.95

The Good Sport Platter; chicken wings, Cumberland sausage, grilled chicken breast & lamb meatballs - £9 (GF)

The Good Sport Vegetarian Platter; cheesy garlic bread, grilled sweetcorn, onion rings & chips - £7

Grasmere Herdwick lamb meatballs in a spicy tomato sauce served with crusty bread - £7.95 (GF; please ask for GF bread)

Chicken wings; spicy or plain - £5.95 (GF)

SIDES & SAUCES

Chips or Fries - £3.95 add cheese - £1 (GF)

Garlic bread - £3.95 add cheese - £1

Onion rings - £2.95

Side Salad - £4.25 (GF)

BBQ | Sweet chilli | Garlic mayo | Tzatziki - £1 each

MAIN MEALS

Fish & chips; fresh haddock, battered with Grasmere Brewery Pale Ale, deep-fried, with chips & posh peas - £14.95

Grasmere Herdwick lamb kofta, feta & salad, drizzled with garlic mayo & wrapped into a flatbread, with fries & tzatziki - £15.95

Pork ribs served with BBQ sauce, grilled sweetcorn, salad & chips - £14.95 (GF)

Rainbow salad bowl with herby quinoa, spiced chickpeas, roasted Mediterranean vegetables, grated carrot, cherry tomatoes, cucumber - £11.95 (GF and vegan) *Add Grilled cauliflower steak - £1.95 - Grilled chicken breast £2.95 - Spiced lamb meatballs - £2.95*

Catalan fish stew made with flakes of haddock, king prawns, squid and chorizo in a spicy tomato sauce, served with roasted courgettes and wild rice - £17.95 (GF)

Grasmere Herdwick lamb burger, topped with homemade tzatziki, with fries & salad - £14.95 (GF; please ask for GF bread)

Cumbrian beef burger with bacon, cheese, onion rings, with fries & salad - £14.95

Bhaji burger topped with mint & cucumber yogurt, with fries & salad - £12.95 (GF; please ask for GF bread)

Dirty fries; fries loaded with beef chili, sour-cream, melted cheese & jalapenos - £10.95 (GF)

SWEETS

Warm chocolate brownie with ice-cream - £6.25 (GF)

Sticky toffee pudding, caramel sauce & ice-cream - £6.25

Rice pudding made with almond milk and a rhubarb compote - £6.25 (GF & vegan)

Ask a member of staff for our bakes of the day - £3



**GRASMERE
BREWERY**